



## Sugar Mags Specialties

### The Charleston \$9

Two eggs, ham, pineapple fritters & homies

### Steak & Eggs \$10

Two eggs, marinated steak, toast & homies

### Crab Cakes & Eggs \$11

Two eggs, two crab cakes, toast & homies

### 56 Hilltop \$9

Three eggs dropped and fried in hot oil, served with pita bread, feta cheese & homies

### Veggie Scramble \$9

Three eggs, broccoli, mushroom, spinach, tomato, cheese, toast & homies

### The Greasy Pole \$13

Three eggs, bacon, sausage, linguica, toast, homies, pancake & french toast

### Hash & Eggs \$10

Smoked pork shoulder, potato & carrot hash with two eggs & grilled corn bread

### Porridge \$4 cup \$7 bowl

Oats, green apples, dried cranberries, coconut, brown sugar & spices with granola

### Fresh Fruit \$4 cup \$6 bowl

Fresh seasonal fruit topped with granola with low fat yogurt **add \$1 cup \$2 bowl**

### Pineapple Fritters \$7

Homemade pineapple fritters served with brown sugar dipping sauce & fresh pineapple

## Breakfast Sandwiches

served with homies

### Egg & Cheese on Jumbo English Muffin \$5

with bacon, ham, linguica or sausage patty \$6  
with spinach, tomato & bacon \$7

### Arugula Sandwich \$7

Egg, arugula, goat cheese, fig preserves on toasted multigrain

### The Cluck \$8 (GF)

Sweet apple chicken sausage, egg, arugula pesto, smoked mozzarella on GF multigrain bread

### Boursin \$7

Egg, Ham, tomato & herbed cream cheese on toasted multigrain

### JB \$8

Peanut butter, banana, bacon & honey on grilled panini

## Sugar Mags Omelettes

All omelettes are served with toast & homies

### Rocky Neck \$8.50

Linguica & orange marmalade

### East Main \$8.50

Bacon, spinach, tomato & swiss

### Western Ave. \$8.50

Linguica, green pepper, onion & american

### Goatie \$9

Caramelized onion, tomato, mushroom & goat

### The Breakwater (market price)

Lobster & herbed cream cheese

### Veggie \$8.50

Broccoli, mushroom, spinach, tomato & cheese

### Frittata \$8.50

Potato, roasted garlic, cilantro, monterey jack & sliced tomato

### Wingaersheek \$9

Roasted red peppers, mushrooms, arugula pesto & smoked mozzarella

### Little Heater Rd. \$8.50

Bacon & herbed cream cheese

### Cheese Omelette \$7

## Make Your Own Omelette \$6

### Veggies \$.50

Broccoli, Mushroom, Tomato, Onion, Green pepper, Spinach, Roasted Garlic, Caramelized Onion, Roasted Red Peppers

### Cheese or Meat \$1.00

American, Cheddar, Swiss, Feta, Goat cheese, Herbed Cream Cheese, Smoked Mozzarella, Monterey Jack Canadian bacon, Linguica, Sausage, Ham, Bacon (GF) Sweet Apple Chicken Sausage \$2

### Bread Choice

White, Wheat, Marble Rye, Multigrain, English Muffin,

Cinnamon Raisin, Sweet Bread **extra \$1**

GF Multigrain & GF White Wrap **extra \$1**

## Benedicts

### Eggs "Bene" \$9

Canadian bacon, poached eggs, hollandaise sauce served on english muffin & homies

### Eggs "Flo" \$9

Spinach, tomato, poached eggs, hollandaise sauce served on english muffin & homies

### Crab Cake "Bene" \$11

Lump crab cakes, poached eggs, hollandaise sauce served on english muffin & homies

### "Irish" Bene \$11

Grilled corn bread topped with our hash, poached eggs hollandaise sauce & homies

\*Consumption of raw or undercooked foods may increase the risk of food born illness.

\*Before placing your order please inform your server if a person in your party has a food allergy.



**SUGAR  
MAGNOLIAS**  
Cuz'it Tastes Good

**Basic Breakfasts**

served with toast & homies

**One Egg \$4**

**Two Eggs \$5**

w/ bacon, ham, linguica or sausage \$7

w/ bacon, ham, linguica or sausage, buttermilk pancake  
or sweet bread french toast \$8

**French Toast**

**Sweet Bread French Toast**

Short stack(1) \$5 Full stack(2) \$7

**Cinnamon-Raisin French Toast**

Short stack(2) \$5 Full stack(3) \$7

**Crunchy French Toast**

Short stack(1) \$6 Full stack(2) \$8

**Crazy Monkey French Toast**

Sweet bread french toast topped  
with bananas & homemade caramel  
Short stack(1) \$6 Full stack(2) \$8

**Georgia's French Toast \$8**

Graham coated french toast stuffed  
with marshmallow & chocolate chunks

**Beverages**

**Coffee & Tea**

Bottomless house & decaf \$2

Iced Coffee & Iced Tea \$2.50 (1 free refill)

Arnold Palmer \$2.50

Tea / herbal tea \$2

Espresso \$2

Latte \$4.50

Cappuccino \$4

Hot Chocolate \$2.50

Raspberry Hot Chocolate \$2.50

**Juice**

Orange, Apple, Grapefruit, Cranberry, Pineapple,  
Tomato, Lemonade, Raspberry Lemonade \$2.50

**Milk**

Whole, Skim, 2%, Chocolate & Soy \$2.50

**Soft Drinks**

Coke, Diet Coke, Ginger Ale, Sprite, Root beer,  
Diet Orange, Lemon Seltzer & Bottled Water \$1.50

**Pancakes**

**Carrot Cake Pancakes**

w/ maple cream cheese butter  
Short stack(1) \$6 Full stack(2) \$8

**Chocolate Chunk Pancakes**

Short stack(1) \$6 Full stack(2) \$8

**Blueberry Pancakes**

Short stack(1) \$6 Full stack(2) \$8

**Buttermilk Pancakes**

Short stack(1) \$4 Full stack(2) \$7

**Almond Joy Pancakes**

Shredded coconut, chocolate chunks & sliced almonds  
Short stack(1) \$6 Full stack(2) \$8

**Sand Dollars(4) \$5**

Plain, Chocolate Chunks or Carrot Cake

**Kids**

**French Toast Sticks \$5**

with side of red grapes

**Sand Dollar Pancakes (2)**

w/ Sweet Apple Chicken Sausage \$6

**Bread Choice**

White, Wheat, Marble Rye, Multigrain, English Muffin,  
Cinnamon Raisin, Sweet Bread  
GF Multigrain & GF White Wrap

**Sides**

Toast \$1

Linguica \$3

Hash \$4.75

Bacon \$2.75

Crab Cakes \$8

Homies \$2

Hollandaise \$1.50

Sausage Links or Patty \$3

Ham or Canadian Bacon \$3

Sweet Apple Chicken Sausage \$3.75

Grilled muffin, Grilled Corn Bread \$2

G.F toast, Cinnamon Raisin, Sweet Bread \$2

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